



Hollymount Primary Physical Education (PE) and Physical Activity (PA) Action Plan

PE Coordinator's Name: Alexandria Howland

Version / Date Updated: _12.11.18_

Agreed by Senior Management – Sam Birnage

Signed: 

Agreed by Governor – Rob Hatley

Signed: 

Vision

'To inspire confident learners who thrive in a changing world'

SDP vision: Children receive a well-rounded education, including varied trips/visitors, interesting arts programme and a range of sporting opportunities that include competitions.

Aims



1. **PE Curriculum** (PPESP Key Indicator: 1)
Provision of at least 100 minutes (50 minutes of Physical Development for EYFS) of progressive, active and engaging curriculum PE per week (across 2 separate lessons on different days) for all children.

2. **Physical Activity** (PPESP Key Indicator: 1)
All children are enthused and able to be physically active for at least 60 minutes per day (minimum 30 mins within school time) with particular attention to those from disadvantaged backgrounds and those that are currently less active.

3. **Whole School Ethos** (PPESP Key Indicator: 2)
Raise the profile of and celebrate sport, PE, physical activity, play and wellbeing across the ethos of the whole school. Highlighting the importance of respecting others, positive attitudes and fair play. Utilise physical activity to contribute to the positive mental health and well-being of children.

4. **Range of Activity** (PPESP Key Indicator: 4)
Children have access to and enjoy a range of different sports, physical activities, leadership opportunities and unstructured play.

5. **Competitions** (PPESP Key Indicator: 5)
Children are able to take part in and enjoy competitive sport. Children have the opportunity to be spectators at world class sporting occasions.

6. **Swimming** (PPESP Key Indicator: N/A)
All children are able to be safe in the water and develop as competent swimmers.

7. **Workforce Development** (PPESP Key Indicator: 3)
All staff and volunteers receive the training and support to enable and inspire them to deliver our aims effectively.

What we do well:



Our physical education curriculum is a particular strength of the school. PE sessions are built to give confidence and improve technical skills to all children at Hollymount. These skills are being developed by not only teachers but also a qualified sports coach. In addition to learning how to play a range of sports, pupils also learn about team building, leadership of others and respecting the rules of how to be 'a good sport'. As the children develop a love for the game, strong emphasis is placed on giving all children opportunities to participate in competitive games against each other and a range of schools in the borough.

Key areas we will develop further:

For children to experience further success in competitive sporting competitions.

For children to experience professional sports taking place in world class venues to inspire them to get into sport.

For mental health to be seen as part of health.



Action Plan 2018/19

Allocated funding from the Primary PE and Sport Premium (PPESP): £ 19,500

Schools must use the PPESP funding to make **additional and sustainable** improvements to the quality of PE and sport they offer. This means that we should use the Primary PE and Sport Premium to:

- develop or add to the PE and sport activities that your school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

1. PE Curriculum - Provision of at least 100 minutes of progressive, active and engaging curriculum PE per week (across 2 separate lessons on different days) for <u>all</u> children. (PPESP Key Indicator: 1)					
Objective / Target / Focus Area	How will it be achieved / actions?	How will you measure the impact?	Costs	PPESP Costs	REVIEW <ul style="list-style-type: none"> • What was the outcome/impact for your pupils? • Next steps? • How will you sustain this?
All children have at least 100 minutes of PE across at least 2 separate lessons, on different days.	PE timetable for MUGA/PLAYGROUND/HALL/SMALLHALL shared with whole school ensuring all children are allocated enough time. 1 lesson will be taught by qualified coach and 1 lesson will be taught by class teacher.	Intra-house competitions at the end of each half term relating to sport taught during separate lessons.	Qualified coach Teaching staff costs	None	
An effective curriculum map and scheme of work is in place.	PE Coordinator create curriculum map relating to MSSP schemes of work to ensure all sport are being covered across the school.	Audit and feedback from staff on lesson planning and time allocated.	MSSP Schemes of work	None	
PE lessons are observed as good or better and meet the 2014 NC expectations.	Teachers to observe PE Coordinator/Sports Coach.	Feedback.	MSSP Schemes of work		



	MSSP observation sheet shared giving necessary feedback, referring to NC objectives. Planning and new schemes of work available to all members of staff.				
Effective measurement of pupils' progression is in place across school.	Effective use of assessment to ensure appropriate next steps are being taken when planning for lessons. Planning is always adapted to pupil needs.	Feedback of assessment.	None	None	
Children are consulted with and enjoy their PE lessons.	School Communications Team consulted on how to audit whole school PE lessons.	Feedback from Communications Teams after whole school survey.	None	None	

2. Physical Activity - All children are enthused and able to be physically active for at least 60 minutes per day (minimum 30 mins within school time) with particular attention to those from disadvantaged backgrounds and those that are currently less active. (PPESP Key Indicator: 1)

Objective / Target / Focus Area	How will it be achieved / actions?	How will you measure the impact?	Costs	PPESP Costs	REVIEW <ul style="list-style-type: none"> • What was the outcome/impact for your pupils? • Next steps? • How will you sustain this?
Less active children are identified and targeted. Barriers are removed to help them engage more in a healthy and active lifestyle (this may be via C4L clubs or similar).	Sports Leadership (yr5), before and after school activities. Registered for inclusive events throughout the year. Whole School playground inviting and engaging for all children.	Children observed to be more active during school hours.	None	None	



Physical Activity is mapped and ensures all children are able to meet the 30 minutes in school minimum guidance.	Timetables showing break PE lessons Mindfulness sessions Cross curricular links with PE	Children engaged in PE. Obesity checks in reception and Year 6.	None	None	
Clubs and activities are enjoyable and available for <u>all</u> children to access including children with SEND.	Currently providing a variety of extra activity sports clubs that all children in the school, including SEND, can access. Clubs include – tag rugby, basketball, netball, tennis, gymnastics, Aikido, dance, cricket, cycling etc.	Feedback from children Take up of clubs Targeted children take up sport	£150	£150	
Clubs are varied, of a good quality and meet the gold standard in the MSSM.	High quality coaching is evident, which includes the use of professional outside agencies such as – Tiger Tennis, Aikido club, back flippers gymnastics, dance and Surrey cricket club etc. Teachers also coach after school activities after receiving training for that particular sport.	Platinum Award received and maintained to demonstrate varied clubs.	None	None	
There are regular opportunities in the school day for children to be active such as brain breaks, daily mile, active classrooms, wake up shake up.	KS1 children participate in regular Relax Kids workshops. KS2 children participate in regular mindfulness breaks.	Assessment to show how regular opportunities for being active effects learning.	None	None	



	All children given opportunities to run the daily mile in Holland Garden at the start of the day.				
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3. Whole School Ethos - Raise the profile of and celebrate sport, PE, physical activity, play and wellbeing across the ethos of the whole school. Highlighting the importance of respecting others, positive attitudes and fair play. Utilise physical activity to contribute to the positive mental health and well-being of children. (PPESP Key Indicator: 2)

Objective / Target / Focus Area	How will it be achieved / actions?	How will you measure the impact?	Costs	PPESP Costs	REVIEW <ul style="list-style-type: none"> • What was the outcome/impact for your pupils? • Next steps? • How will you sustain this?
Health and wellbeing is promoted across the school and the 'Healthy Schools' accreditation is obtained.	Mindfulness/resilience programmes put in place for all children. Healthy Schools accreditation submitted.	Healthy School accreditation obtained.	Mindfulness KS2	£4,800	
There are cross curricular links in place and utilised with PE and other subjects and active classrooms are encouraged.	Wimbledon Tennis/ Sports Relief/ Sports Week. CPD opportunities – Foundation Subjects/ Literacy/ numeracy workshops.	Whole school topics mapped	None	None	
Staff are encouraged to consider themselves as active, healthy and sporty role models. For example taking part in staff circuit training in view of parents and pupils and demonstrating a positive attitude towards PE and Sport at all times.	Staff to wear PE kits during PE lesson setting a good example for other pupils. No jewellery to be worn during PE lessons by staff or pupils.	Staff Feedback. Happy and healthy staff	None	None	



	<p>Staff circuit training taking place (Weekly 2018/2019).</p> <p>Staff competitive Netball team (Weekly fixtures as part of the Adult Wimbledon League)</p> <p>Weekly mindfulness workshops for staff to access.</p> <p>Healthy eating sharing lunches etc.</p>				
<p>Fair play, sportsmanship and respect are promoted and expected across the school with the Refspect campaign/awards being utilised during PE lessons and intra house competitions.</p>	<p>Regular award assemblies where children are recognised after representing the school well at an event.</p> <p>Newsletter to highlight and celebrate children's success and attitude at events.</p> <p>Children aim to represent the school admirably and aim to achieve Refspect award at all events.</p> <p>All Refspect awards displayed on Sports Notice Board.</p>	<p>Hollymount children understand the importance of being "a good sport" and take this beyond the field and in to the classroom.</p>	None	None	
<p>Sporting achievement, effort and progress is regularly celebrated across the school.</p>	<p>Regular sport award assemblies where children are recognised after representing the school as well as celebrating achievements from outside sporting clubs.</p>	<p>Children feel valued in their achievements no matter whether it be 1st, 2nd or 3rd. etc.</p>	None	None	



Children are taught resilience through sport, PE and PA and links to emotional and mental health and wellbeing including coping with stress and performance are considered in the curriculum and promoted throughout the school day.	Mindfulness/resilience programmes put in place for all children. Dan Jackson "Foundation Performance" Programme put in place for Year 6. Link with AFC Wimbledon to promote wellbeing to girls.	Children leading well-rounded and happy lives. This should then impact learning in the classroom.	Mindfulness for Y3 and 5 Dan Jackson £350	£4,800 as above £350	
The school website (as well as other correspondence and social media) displays and promotes the sporting ethos of the school and opportunities available to all children effectively.	Ensuring all information is clear and visible to the school community. Important information highlighted about competitions and shared in weekly in the newsletter.	Parent Feedback.	None	None	
School staff and governors are fully aware of and ensure the implementation of the plans and policies for PE and PA.	FGB Meeting November 2018	Governor Feedback.	None	None	

4. Range of Activity - Children have access to and enjoy a range of different sports, physical activities, leadership opportunities and unstructured play.
(PPESP Key Indicator: 4)

Objective / Target / Focus Area	How will it be achieved / actions?	How will you measure the impact?	Costs	PPESP Costs	REVIEW <ul style="list-style-type: none"> • What was the outcome/impact for your pupils? • Next steps? • How will you sustain this?
Clubs are varied, of a good quality and meet the gold standard in the MSSM.	High quality coaching is evident, which includes the use of professional outside agencies such as – Tiger Tennis, Aikido	Platinum Award received and maintained to	None	None	



	<p>club, back flippers gymnastics, dance and Surrey cricket club.</p> <p>Teachers also coach after school activities after receiving training for that particular sport.</p>	demonstrate varied clubs.			
External coaches are deployed to increase the range of clubs available for children and to provide further links to community clubs OSHL	Children at Hollymount are directed to play for - Wimbledon, Old Wimbledonians, Old ruts RFC, David Lloyd Tennis, AFC Wimbledon, Kingston Swimming club, Old Ruts Cricket Club, Merton Swimming Club, Tamworth Gym Club, and Target Football.	<p>KS2 audit of local sports attended.</p> <p>Children attend more community clubs outside of school.</p>	<p>Girls Football training £200</p> <p>Rugby £200</p> <p>Coach Fraser £1,440</p>	£1, 840	
A leadership programme is in place for <u>all</u> Year 5s (initial training session delivered by MSSP or similar then 6 unit programme).	<p>Year 5 pupils to complete 6-week sport leaders programme (October – December 2018)</p> <p>Year 5 to work closely with Year 1 pupils, delivering multi sports activities – Summer 2019</p> <p>To support with MSSP Year 3/4 multi skills events during the year.</p>	Year 5 pupils feedback.	None	None	
Sports leaders promote healthy and active lifestyles and fair play and are able to volunteer during lunch time / breakfast clubs	<p>Year 5 to organise and run break time activities (Spring 2019).</p> <p>Breakfast club.</p>	Year 5 pupils feedback.			



targeting less active children (i.e. change for life clubs).	"Daily Mile".				
Keen sports leaders (Yr 5/6) are selected to be part of the MSSP (or similar) leadership academy where they can access additional opportunities to learn, lead and volunteer in sport and physical activity (with parental consent).	Tracking outstanding leaders for future events.	Year 5 pupils feedback.	None	None	
Gifted and talented pupils in PE and sport (including those with SEND) are recognised by teachers. Support is provided to signpost them to find progression pathways both within and out of school.	Gifted and talented pupils are identified and will attend G&T MSSP festival at the end of the year (Summer 2019). Planning is differentiated to adapt to the needs of more able pupils to challenge and extend them. Register in place to monitor progression of KS2 pupils – Autumn 2018.	Time given to allow children to take part in events during school time. Feedback from children and parents.	None	None	
Playgrounds and other facilities provide a stimulating and practical space for children to be active through unstructured play and take part in PE and sport with suitable equipment to ensure a good range of activities.	All equipment checked and maintained in the PE shed. New equipment ordered if needed. Playground to be made fun and engaging that encourages active play.	Feedback from coaches. Feedback from children.	Dodgeballs £200 Netballs £150	£350	



5. Competitions - Children are able to take part in and enjoy competitive sport. (PPESP Key Indicator: 5)

Objective / Target / Focus Area	How will it be achieved / actions?	How will you measure the impact?	Costs	PPESP Costs	REVIEW <ul style="list-style-type: none">• What was the outcome/impact for your pupils?• Next steps?• How will you sustain this?
School games day (sports day) delivered which engages <u>all</u> children in the school.	Nursery Sports day in MUGA – July 2019. KS1 Sports day at Holland Garden – July 2019. KS2 Sports day at Raynes Park High School - July 2019, RPHS Sports leaders to assist with activities.	All children and staff involved in a fun and engaging sports day.	None	None	



	<p>Specific equipment needed from Raynes Park H.S for Sports Day (July 2019)</p> <p>Professional athlete to attend if possible to present awards.</p> <p>School governors to attend.</p> <p>MSSP to also attend.</p>				
<p>Intra comp programme in place for <u>all</u> children to meet the MSSM gold standard.</p>	<p>To be carried out every half term by each year group. Activity will depend on what sport is being taught by teacher (September 2018 – July 2019).</p> <p>Children to be recognised in assembly where certificated will be presented for winning house.</p> <p>Children to be included in newsletter and on website.</p>	<p>Platinum Award received and maintained to demonstrate varied events.</p> <p>Score sheets obtained.</p>	<p>House Cup</p> <p>£129.99</p>	<p>£129.99</p>	
<p>Entry to inter school competitions and festivals takes place to meet the MSSM gold standard.</p>	<p>Entry into all inter competitions and festivals run by the borough.</p> <p>9 a side boys Football league.</p> <p>7 a side girls Football league.</p> <p>Local friendly matches to occur – cluster schools.</p>	<p>Platinum Award received and maintained to demonstrate varied events.</p>	<p>Cover for teachers to attend competitions</p> <p>£6,300</p>	<p>£6,300</p>	
<p>All children including those with SEND are able to represent their</p>	<p>All SEND pupils will be taken into consideration when events take place.</p>	<p>Platinum Award received and</p>	<p>MSSP SLA</p>	<p>£2,137,25</p>	



<p>school and compete at inter competitions and festivals.</p>	<p>Selection process is carried out fairly during PE lessons and lunch times.</p> <p>Pupils with SEND will attend inclusion events that MSSP provide during 2018/ 2019.</p>	<p>maintained to demonstrate inclusion.</p>	<p>£2,137.25</p>		
<p>Pupils, teachers and accompanying parents understand the rules, etiquette and formats for each sport. Children are given opportunities to practise before the competition.</p>	<p>Teachers, pupils and coaches to be informed prior to each event expectations highlighted.</p> <p>Parents/ spectators to follow REF-SPECT guidelines that will be issued at every event.</p> <p>REF-SPECT guidelines to be published on school website.</p> <p>Pupils have received extra training before events: football, tag rugby, netball, cricket, gymnastics.</p> <p>Teachers are also preparing children for events during PE lessons.</p> <p>PE specialist to support KS2 teachers prior to certain events.</p>	<p>Hollymount to get through to the borough finals.</p>	<p>Coach Fraser</p> <p>Teaching staff costs</p>	<p>None</p>	

6. Swimming - All children are able to be safe in the water and develop as competent swimmers. (PPESP Key Indicator: N/A)



Objective / Target / Focus Area	How will it be achieved / actions?	How will you measure the impact?	Costs	PPESP Costs	REVIEW <ul style="list-style-type: none"> • What was the outcome/impact for your pupils? • Next steps? • How will you sustain this?
A swimming plan is in place to track and improve swimming ability.	Catch up swimming – Year 4/5/6 Summer 2019.	Children to leave Hollymount being able to swim at least 25m.	None	None	
<p>All children receive weekly swim lessons during KS2.</p> <p>100 % can swim 25m at the end of the swim programme.</p> <p>100 % can use a range of strokes effectively at the end of the swim programme.</p> <p>100% can perform safe self rescue in different water based situations at the end of the swim programme.</p>	Year 3/4 received swimming lessons over a 10 week period during the Spring and Summer term.	Children to leave Hollymount being able to swim at least 25m.	Catch up swimming cost £1,490	£1,490	<p>Year 2017/18</p> <p>95% of children that swim 25m when completed programme in year 4</p> <p>80% of children can use a range of strokes effectively when completed programme in year 4</p> <p>80% of children can perform safe self rescue when completed programme in year 4</p>
Provide a Top Up swimming programme to ensure less confident and less able swimmers are able to progress to meet the NC expectations at the end of the school's standard curriculum swimming programme.	Catch up swimming – Year 4/5/6 Summer 2019.	Children to leave Hollymount being able to swim at least 25m confidently.	Swimming		



7. Workforce Development - All staff and volunteers receive training and support to enable and inspire them to deliver our aims effectively.

(PPESP

Key Indicator: 3)

Objective / Target / Focus Area	How will it be achieved / actions?	How will you measure the impact?	Costs	PPESP Costs	REVIEW <ul style="list-style-type: none"> • What was the outcome/impact for your pupils? • Next steps? • How will you sustain this?
<p>The PE Coordinator is leading 'good' PE effectively and confidently across the whole school.</p>	<p>PE Coordinator to attend both Autumn and Summer MSSP conferences.</p> <p>PE Coordinator to maintain good relationship with cluster schools in the borough.</p>	<p>Platinum Award received and maintained to demonstrate "good" leading.</p>	<p>Cover for supply</p> <p>£360</p>	<p>£360</p>	
<p>Teachers' training and development needs have been audited and met to a gold standard in the MSSM. PE lessons are observed regularly to ensure high quality PE is embedded across the school.</p>	<p>MSSP to observe regular PE lessons.</p> <p>Hollymount has maintained gold for 5 years and now has been accredited with the Platinum Award.</p>	<p>Teachers feel confident to deliver high quality PE sessions twice a week.</p> <p>Platinum Award received and maintained to demonstrate high quality teaching.</p>	<p>None</p>	<p>None</p>	
<p>Inclusive sport forms part of PE planning and delivery. Pupils' needs are known and teachers feel confident to deliver inclusive PE lessons and clubs, making any adaptations as required.</p>	<p>Pupils needs shared with all adults.</p> <p>Effective use of assessment to ensure appropriate next steps are being taken when planning for all lessons to ensure</p>	<p>Children thrive in PE lessons.</p> <p>Intra house competitions.</p> <p>Inter house competitions.</p>	<p>None</p>	<p>None</p>	



	Hollymount is always delivering inclusive lessons. Planning is always adapted to pupil needs.				
Volunteers, Governors and AOTT are provide the training they need to support our schools aims around PE, PA and sport.	Liaise with PE Governor	Feedback from Governor.	None	None	
Staff understand how physical activity can contribute to the positive mental health of students.	Staff to attend cluster INSET on resilience.	Feedback from staff.	None	None	
Staff understand the importance of mental health and how to use this with their students.	5 week mindfulness training programme for 24 members of staff in Spring term.	Use in class/observations. Feedback from children	Mindfulness in schools	£937.501	
				Total £18,844.74	